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What Do You Know About Hypnosis?

(Circle True of False)

- | | True | False |
|---|------|-------|
| 1. Hypnosis is a paranormal, supernatural phenomenon. | | |
| 2. Hypnosis is sleep. | T | F |
| 3. A hypnotized person has a weak willpower and surrenders to the strong willed hypnotist. | T | F |
| 4. Hypnotized people involuntarily reveal secrets. | T | F |
| 5. Relaxation is not necessary for hypnosis. | T | F |
| 6. People cannot get stuck in Hypnosis and never wake up | T | F |
| 7. Hypnotized people do not remember what happened during the session. | T | F |
| 8. People of certain personality types are more likely to be hypnotized. | T | F |
| 9. Hypnosis can enable people to perform impossible feats of strength, endurance and sensory acuity. | T | F |
| 10. Hypnosis is dangerous. | T | F |
| 11. Responding to hypnosis is like responding to a placebo. | T | F |
| 12. Only about 33% of all people are hypnotizable. | T | F |
| 13. A person's ability to enter the state of hypnosis depends on the technique used and the skill of the hypnotist. | T | F |
| 14. People cannot hypnotize themselves. | T | F |
| 15. How many hypnotists does it take to change a light bulb? | | |

[Answers to the Quiz](#)